

"BUT I KNOW ALL THE RISKS"

BUT YOU ALSO HAVE TO THINK ABOUT THE POSSIBILITY OF:

HURTING OTHERS
You've Got Problems !??

HAVING Arguments and problems because you use drugs can lead to family rows and breakdowns. You may become Violent and hurt other people.

Personal problems: relationships can be destroyed, and friendships lost if you come to need drugs more than you need people.

Money Problems: using drugs can be expensive, some people get involved in crime to pay for their drugs.

Legal Problems: The use of some drugs is illegal and being arrested means embarrassment to family and friends. If convicted a criminal record makes it harder to get a job.

ILL Health: Effects can range from minor side effects to serious illness.

addiction: There is a possibility of coming to feel the need of drugs, to become physically or mentally dependent on them, and not being able to cope with life without them.

It's hard to be different

But it's easier if you feel:

GOOD about yourself
WHAT you think matters
that PEOPLE care about you
able to MAKE your own decisions
LOveD
Able To dO Things

If you don't feel like this You can do something about it by Making CONTACT with us on:

TEL 01232 456654

IT'S A FREE CONFIDENTIAL COUNSELLING AND INFORMATION SERVICE FOR YOUNG PEOPLE. CALL IN, WRITE OR TELEPHONE (WE WILL RETURN YOUR CALL) OR IF YOU JUST WANT TO TALK TO SOMEONE YOU CAN CONFIDE IN, TELEPHONE US.

CONTACT YOUTH
2a RIBBLE STREET
BELFAST BT4 1HW
TEL (01232) 487648

Drugs... So What?

ECSTASY
CANNABIS
ALCOHOL SOLVENTS
COCAINE
LSD / ACID
HEROIN
DRAW THE LINE MATE

Could they affect my life?

I'm being told that they make you feel so good, so what's it all about?

AT FIRST THEY MAKE YOU Feel Relaxed and happy

NO MATTER what any of your mates tell you, nobody can really know how any drug will affect YOU.

IT ALL DEPENDS ON:

Your height and weight
What drug you're taking
How much you take
How you feel at the time
Where you are
What you expect to happen!

IF YOU ARE NOT completely in control of your actions the odds are higher that you may become:

Over confident
ACCident prone
Irresponsible
moody
aggressive

DRUGS AFFECT HOW WE FEEL AND HOW WE ACT

FLASHBACKS can happen without warning and can be dangerous and frightening

Mixing different substances can be fatal

Casual sex with possible unplanned parenthood
Sexually transmitted diseases (STD) AND/OR BECOMING INFECTED WITH THE H.I.V. VIRUS

POISONING or overdose from not knowing what you're taking

IF YOU ARE NOT completely in control of your actions the odds are higher that you may become:

Dependent on the type of drug used you run the risk of:

YOUR OWN body's physical reaction
What other drugs you have been taking!
How often you take drugs
How long you have been taking drugs
How you take the drugs

WELL IF THEY'RE AROUND AND MY MATE'S DO IT, WHY DON'T I?